



St. Joseph Hospital's Arts in the Atrium Helps Heal

St. Joseph Hospital's team passionately believes that art helps heal. Its effort to build art and artistic experiences into its culture dovetails beautifully with the hospital's mission to "provide healing and care for the whole person, in service to all in our communities."

"Displaying art, hosting musicians and partnering with local artisans is a powerful way for us to bring the community together,"

– Michele Canto

One especially inspiring approach the hospital has taken to heal is revitalizing its Arts in the Atrium program, which was popular prior to the COVID-19 pandemic and returned recently to focus on:

- Enhancing the hospital's environment by displaying local artists' work.
- Hosting musicians from different genres to entertain for special events.
- Partnering with community artists to offer unique classes and opportunities to be creative.

Past events include:

- A quarterly artwork installation facilitated by the Nashua Area Artists' Association.
- The sale of art, from which the hospital receives 15% of the purchase price.
- A lunchtime performance by Symphony NH, composed of many Nashua musicians.
- A patriotic choral performance by World Academy students to acknowledge Veterans Day and honor local veterans.

"Displaying art, hosting musicians and partnering with local artisans is a powerful way for us to bring the community together," shares Michele Canto, manager of volunteer services, who oversees the program. "Our efforts are genuinely appreciated by patients, family members, visitors and staff. We look forward to hosting several events and improving attendance throughout 2023 and 2024."

She adds, "Our entire team knows that providing care for people isn't always clinical. Arts in the Atrium events provide opportunities to bring our hospital community, as well as the Greater Nashua community, together. There is great value in bringing people into the hospital to reintroduce them to all the different types of care we provide."

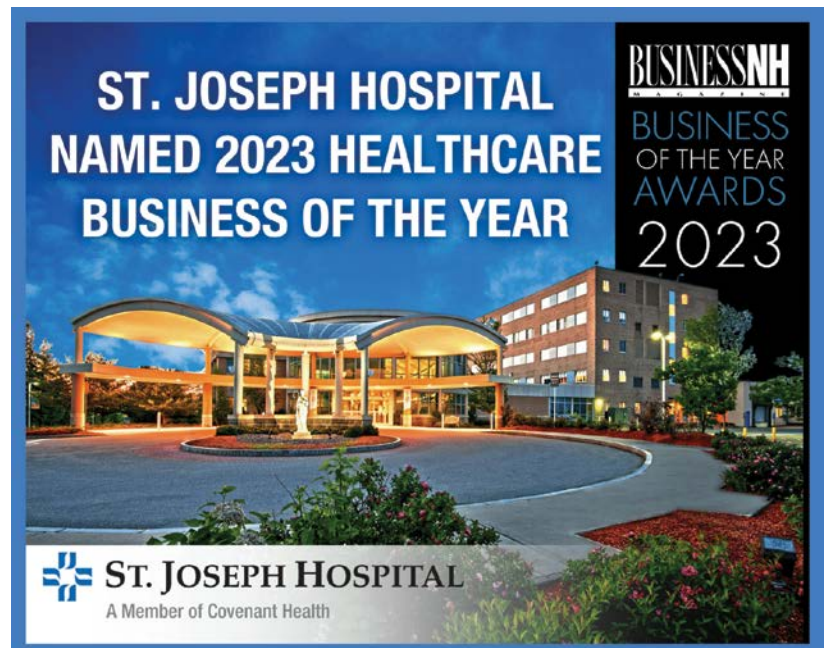
St. Joseph Hospital Named ‘Business of the Year’



We are proud to share that St. Joseph Hospital was named the “2023 Business of the Year — Healthcare Category” by *Business NH Magazine* in partnership with the NH Association of Chamber of Commerce Executives. This prestigious award recognizes St. Joseph Hospital’s exceptional leadership, financial stability and community involvement.

“We are honored to receive the Healthcare Business of the Year award from *Business NH Magazine*,” says John Jurczyk, FACHE, president of St. Joseph Hospital, expressing his gratitude for the award. “This recognition speaks to the dedication and hard work of our staff, who strive to provide the highest level of care to our patients every day. We are proud to be a part of the New Hampshire community and remain committed to improving the health and well-being of both our patients and the communities we serve.”

For over three decades, *Business NH Magazine* and the NH Association of Chamber of Commerce Executives have celebrated businesses and organizations that make outstanding contributions to New Hampshire’s economy and community. Winners are selected by a Panel of Excellence, which is made up of executives from the previous year’s winning companies.



St. Joseph Hospital was chosen as the Healthcare Business of the Year based on its financial standing, industry leadership, and glowing letters of recommendation from chamber and business leaders. The hospital’s commitment to providing high-quality healthcare services, innovative treatments and exceptional patient care has made it a leader in the New Hampshire healthcare industry.

“We are honored to receive the Healthcare Business of the Year award from *Business NH Magazine*,”

– John Jurczyk, FACHE, president of St. Joseph Hospital



Keegan Family Courage & Faith Foundation Names St. Joseph School of Nursing's Future Auditorium

Thanks to a significant gift from the Keegan Family Courage & Faith Foundation, St. Joseph School of Nursing will be making large-scale renovations and officially naming its auditorium in 2023.

“Without the love, care and dedication of St. Joseph nurses, I would not be here today,” says Kaylie Keegan. “These nurses were instrumental in caring for my dad when he was born prematurely. They remained by his side for days, weeks and months in the hospital. As a family, we are forever thankful and would like to acknowledge the nurses across the hospital with the gift of the Keegan Family Auditorium at the School of Nursing.”

“The investment by the Keegan family through their foundation will greatly improve our students’ educational environment,” notes St. Joseph School of Nursing Dean Vickie Fieler, PhD, RN. “I look forward to celebrating with our students and community when the project is complete. I hope the Keegan family’s generous commitment inspires others to support this vital initiative.”

The auditorium’s upgrade will kick off a strategic plan to improve the school of nursing’s facilities. St. Joseph School of Nursing is proud to be the only remaining nursing school in New Hampshire connected directly to a hospital. In addition, it’s one of the most affordable and unique local options for those who are studying while raising a family or changing professions. Ninety-three percent of St. Joseph School of Nursing’s graduates remain in southern New Hampshire following their graduation and subsequent licensure.

If you would like to join the Keegan Family Courage & Faith Foundation to make a difference in nursing education in our region, please get in touch with Brian Winslow at bwinslow@covh.org to learn more about this important project.



Welcome, Brian!

We are pleased to introduce Brian Winslow, our new executive director of philanthropy. In this important role, Brian will be responsible for major gift and leadership gift development, capital fund programs and planned giving.

“I’m very excited Brian has joined our team,” says Brad Coffey, senior vice president and foundation president, Covenant Health. “He has a tremendous amount of experience and a proven record of success. His work with donors is going to lead to good things for healthcare at St. Joseph Hospital.”

Brian has spent the past 16 years working with nonprofit healthcare organizations in New Hampshire. Prior to this role, he served as vice president of advancement and business development at Central New Hampshire VNA & Hospice, executive director of philanthropy at LRG Healthcare, and director of community relations at Granite VNA.

Originally from Maine, Brian has lived in New Hampshire for the past 16 years with his wife, his two children and their exceptionally large Newfoundland dog. In his free time, he enjoys the outdoors — Brian is an avid angler and sailor and spends many of his weekends somewhere on the water.

John A. Jurczyk, FACHE, president of St. Joseph Hospital, adds, “I’ve already seen Brian beginning to build relationships with community members. I look forward to working closely with him to advance the interests of St. Joseph Hospital.”

Brian earned his bachelor’s degree from Iowa State University, his Master of Public Policy from the University of Southern Maine, and his Master of Science, in marketing, from Southern New Hampshire University.

welcome



Colorectal Screening Grant Will Help Save Lives

Did you know colon cancer is the second-leading cause of cancer-related deaths and the third-most-common cancer in both men and women? Early detection is key to better survival rates.



Thanks to a \$50,000 grant from the Coverys Community Healthcare Foundation, jointly awarded to St. Joseph Hospital and the American Cancer Society, we can help increase early detection in our community.

The one-year program seeks to identify and treat colon cancer at its earliest stage and educate community members about colorectal cancer screening guidelines. Screening should start at age 45 and is especially important for communities of color, which are disproportionately affected by colon cancer mortality rates.

We wish to make colorectal cancer screening access as streamlined and easy as possible. Therefore, screening reminder cards are distributed to patients at well visits. They are imprinted with a QR code and an email address to make requesting a colorectal cancer screening easier. Part of the grant funds will also cover direct transportation costs to help qualifying patients travel to and from screening appointments.

Staff members are receiving training on the importance of timely cancer screening and how to implement strategies to improve it. Additionally, St. Joseph's "cancer screening champions," Carol Lesage and Kara Gill, who are both physician assistants, are dedicated to supporting and promoting the program.

This valuable grant initiative will be lifesaving for many patients. St. Joseph Hospital is committed to offering its community the most convenient and cost-effective means to get screened for colorectal cancer. Funding for screening programs such as this enables the hospital to continue this important work and fulfill its mission of offering compassionate care to all.

If you have questions about how to get screened for colorectal cancer, please contact your primary care physician, or contact St. Joseph Gastroenterology directly at 603.578.9363.

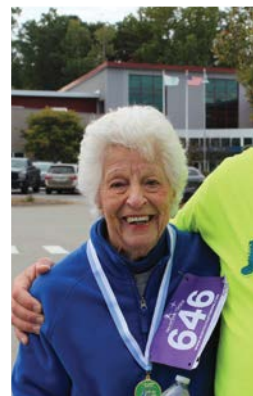


3rd ANNUAL!
Sunday, September 17
Mine Falls Park
Downtown Nashua



YOU CAN! Commit to Get Fit

Meet Colleen Chapdelaine, a registered nurse, a health and fitness consultant, a wife, a mother of three boys, and an avid runner. “Often, my health and fitness clients tell me they feel like they don’t have time to exercise or that they just can’t. Honestly, just 10-15 minutes a day can be beneficial physically and mentally. Everyone should be able to find 10-15 minutes in their day to improve their health and well-being.”



Colleen worked with a 95-year-old client. She shares, “He used a walker and came in to ride a bike.” HE CAN! She adds, “Last year, my mom crossed the finish line of the St. Joseph Hospital’s Commit to Get Fit 5K at 85 years young.” SHE CAN!

Strive to stay fit

For Colleen, staying fit is something that runs in the family. “When my boys were young, I’d take them to the local track. They’d play on the field while I ran. Over time, they started running with me. Now in their 20s, we get together to race in 5Ks, 10 milers and half marathons.”

According to Colleen, the community is one of the best parts of being a runner. She shares, “The beautiful trails around Greater Nashua — including Mines Falls Park — bring people of all ages together and friendships begin. At races such as Commit to Get Fit, the community comes together to support a meaningful cause.”

WALK | RUN | CHEER! or VOLUNTEER



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The Telegraph
It's Your Community.



Keep it in the family

Community is also important to Colleen's husband, Jeff, who for 25 years has worked at Nashua Radiology, a proud sponsor of Commit to Get Fit. Jeff shares, "Nashua Radiology has been a proud partner of St. Joseph Hospital for 40 years. We're happy to sponsor this and other community events that encourage improving health and wellness."

Come together with the community

It starts with you coming together with the community and committing to honoring your body. Please join Colleen, Jeff and their family at this year's Commit to Get Fit on Saturday, September 17, at Mine Falls Park in Nashua. All proceeds will support cancer care.



Registration is open now at stjosephhospital.com/commit.

Don't delay putting your health first.

St. Joseph's is grateful to the City of Nashua as well as our business sponsors, community partners and volunteers for collaborating with us to present Commit to Get Fit 2023.

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– St. Joseph Hospital Foundation Newsletter –

 **ST. JOSEPH HOSPITAL**
A Member of Covenant Health



Commit to GET FIT 5K 2023
St. JOSEPH HOSPITAL
A Member of Covenant Health

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Contact Us

bwinslow@covh.org

603.884.4343

By Mail

PO Box 2013

Nashua, NH 03061

In Person

Foundation Office

172 Kinsley Street,

Nashua, NH