

# UPCOMING EVENTS



**ST. JOSEPH HOSPITAL**

Senior Resource Center

A Member of Covenant Health

The mission of St. Joseph Hospital Senior Resource Center is to provide support to patients recently diagnosed with dementia or other memory related disorders, family members of those recently diagnosed, and caregivers.

Events for St. Joseph Hospital Senior Resource Center are held on Fridays beginning at 10:00am. Located on 460 Amherst Street in Nashua, NH, **all events are free and open to any member of the community.** Light refreshments will be served.

Pre-registration is required. To register, please contact Michele Canto, Director of Community Ministries, at [mcanto@sjnh.org](mailto:mcanto@sjnh.org)

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## SEPT 27 **Americorps Senior Companion Program**

Discover how Americorps Senior Companion Program can bring companionship and care to loved ones, or how you can make a difference by volunteering. Join Kathleen Stuart as she shares two incredible opportunities: one for those in need of a companion and one for those looking to become one. Whether you're seeking support or ready to give back, this informative session is for you.

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## OCT 4 **SCAM Awareness**

Stay one step ahead of scammers with expert advice from Hillsborough County Sheriff, Mike Merryfield. Learn about the latest scams, including old tricks with a modern twist, and how to safeguard yourself and your loved ones from financial fraud. This eye-opening session will equip you with simple, practical tips to protect your assets and peace of mind.

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## NOV 4 **Brass Rings**

Join author Kelly McCarthy as she shares inspiring stories and practical advice from her book, Brass Ring Memoirs. Designed to uplift and empower caregivers, this session will offer actionable strategies for providing the best care to those with Alzheimer's and dementia. If you're a caregiver looking for encouragement and tools to help you reach your goals, this presentation is not to be missed.

