

*“Patients can access world-class care close to home.”*  
 – John A. Jurczyk, FACHE



## Milford Medical Center's New CT Scanner Advances Imaging Care

St. Joseph Hospital celebrated a milestone on August 15, 2025, with a ribbon-cutting and blessing ceremony for its new, state-of-the-art CT scanner at Milford Medical Center. This advanced technology delivers the same high-quality diagnostic imaging while using half the radiation dose previously required, enhancing patient safety without compromising accuracy.

The event brought together hospital leadership, staff and local and state representatives to mark the investment in compassionate, cutting-edge care for the Milford community.

“Patients can access world-class care close to home,” said John A. Jurczyk, FACHE, president of St. Joseph Hospital. “We are committed to serving this community with the expertise and compassion people expect from larger medical centers, while maintaining the convenience and personal touch of a local facility.”

Part of over \$3 million in recent investments at Milford Medical Center, St. Joseph Hospital’s new CT scanner is advancing top-tier diagnostics and strengthening care for residents throughout the Greater Milford region.



Explore the full range of comprehensive services and advanced technology available at Milford Medical Center by scanning the QR code.



*“The Medical Staff Giving Circle is a meaningful way to give back — and, just as importantly, to have a voice in how those gifts are used. By supporting patient care and essential services, we strengthen St. Joseph Hospital and the Greater Nashua community we serve.”*

— Michael A H Remar, MD, FACS

## Shared Values Inspire Collective Giving

If you've chosen a career in healthcare, it's likely because you believe you can make a measurable difference in people's lives. Together, members of St. Joseph Hospital's Medical Staff have stepped up to make that difference a reality by launching the medical staff Giving Circle. It's a collective initiative, led by medical staff, to identify and fund patient care and programs with the philanthropic gifts of its members.

Members of the medical staff who contribute to the fund (at a minimum level) will review funding proposals submitted by employees of the hospital. They will then cast votes for their preferred initiatives at the close of each year. As direct caregivers, they will be in a strong position to make these decisions.



Medical  
Staff  
*Giving*  
CIRCLE



## Honoring Loved Ones Through Lights of Remembrance

On December 6, 2025, St. Joseph Hospital's atrium glowed with more than 2,000 candles during Lights of Remembrance — a special evening of reflection and community. This year marked a record 204 named candles, each honoring a loved one whose light continues to shine in our lives.

We are deeply grateful to everyone who attended and supported this meaningful night. Your generosity raised over \$11,000 for the Mission Fund, directly supporting mission-driven programs, including bereavement support groups that bring comfort and care to those navigating loss.

Guests were moved by music from local singer Ken Budka, including this year's special tribute song, "I Will Remember You" by Sarah McLachlan.

We thank the dedication of the St. Joseph Hospital Volunteers, the planning committee and the unwavering encouragement of Laura Wilcox, program coordinator of volunteer services.

We also thank Michele Canto, director of community ministries, whose care and vision shape this thoughtful experience, and everyone at St. Joseph Hospital who believes in this cherished tradition.

Together, we created a night that brought hope and healing to our hearts.



**St. Joseph Hospital's community ministries and bereavement programs bring comfort to those navigating loss. Scan the QR code to read more.**



# Mission Meals & Medical: Meeting Neighbors Where They Are

It was a bitterly cold December day at the Nashua Public Library when Rosemary Ford, director of St. Joseph Hospital's Mobile Health Clinic, noticed a man bundled in three jackets, gloves, scarves and hats — still shivering as he waited outside.

"We invited him inside to warm up and have something to drink," Ford recalled. "And my heart just went out to folks. People were hungry. People were cold. They didn't have the proper gear to live in this type of environment."

Ford immediately called Michele Canto, director of community ministries at Grey Nuns Thrift Shop. Together, they asked: How can we respond quickly to those experiencing homelessness and hardship in Nashua? From that conversation, the Mission Meals & Medical program was born.



Since 2025, Mission Meals & Medical has parked the Mobile Health Clinic outside Grey Nuns Thrift Shop in Nashua once a month — expanding to twice a month in 2026 — serving around 40 people per visit. Guests receive warm meals, on-the-spot medical care and vouchers, removing barriers for Nashua's most vulnerable

The program is for the community, by the community. Neighbors such as La Legion Barbershop join in, giving haircuts that open doors to employment and human connection, turning a simple trim into opportunities.

From routine wound care — the most common care provided — to vaccinations, testing and over-the-counter medications, the clinic breaks the devastating cycle of untreated illness, and sometimes even saves lives. One patient discovered he had cancer during a routine check, and another received urgent treatment that prevented a full foot amputation.

Your support keeps Mission Meals & Medical moving — putting meals on tables, medical supplies in hands and care within reach, helping St. Joseph Hospital provide the foundation of food and healthcare that Nashua's most vulnerable need to survive today and build stability for tomorrow.



**Want to help Mission Meals & Medical continue to expand in 2026? Scan the QR code to give.**



## Expanding Care Close to Home: Primary Care Practice Opens in Milford

In February 2025, St. Joseph Hospital officially opened its new primary care practice in Milford, bringing comprehensive, patient-centered healthcare closer to the community. St. Joseph Hospital Primary & Specialty Care Services – Milford occupies a renovated, previously unused space on the second floor of 442 Nashua St., directly above Milford Urgent Care.

The practice is staffed by Carolyn Haskell, DO, along with Sara Shipley, APRN, and Allyson Janosz, APRN, who relocated from their Nashua office to serve Milford-area patients. Together, the team provides a full range of primary care services, with a focus on prevention, wellness and chronic disease management.

“This new practice underscores our mission to deliver compassionate, patient-centered care where it’s needed most,” said John A. Jurczyk, FACHE, president of St. Joseph Hospital.

The opening celebration included a ribbon-cutting and blessing attended by state and local leaders, among them Senators Gary Daniels, Tim McGough and Cindy Rosenwald; Representatives Paul Dargie, Pete Petrigno and Vanessa Sheehan; and representatives from the Greater Merrimack-Souhegan Valley Chamber of Commerce.

Since its opening, the Milford practice has quickly become an accessible hub for residents seeking consistent, high-quality primary care. And with your support, St. Joseph Hospital continues to make care more accessible than ever before.



**Hear what patients have to say and  
meet the dedicated team behind  
Milford Primary Care by scanning  
the QR code.**



**Schedule an appointment  
or become a new patient online by  
scanning the QR code:**

# Investing in the Next Generation of Nurses



Dorothy 'Dotty' Fox, Lucilene DaRocha and Dale Fox



Josephat G. Ndungu with Joyce and Maurice 'Moe' Arel

St. Joseph School of Nursing recently awarded the first of two new scholarships for students pursuing careers in nursing. Lucilene DaRocha received the Fox Family Scholarship, and Josephat G. Ndungu received the Maurice and Joyce Arel Scholarship.

Dale and Dorothy 'Dotty' Fox established the Fox Family Scholarship Fund, inspired by Dotty's experience at a small Catholic nursing school similar to St. Joseph Hospital's. After her father's passing, Dotty faced the possibility of leaving school due to financial strain.

"A fellow student on scholarship advocated to have her award transferred to me," Dotty recalls. "I was lucky — I was able to finish my degree." Decades later, the Foxes endowed \$50,000 to create a scholarship to ensure future nurses can pursue their education without financial burden.

The Maurice and Joyce Arel Scholarship Fund, established by John A. Jurczyk, FACHE, president of St. Joseph Hospital, honors Maurice 'Moe' and Joyce Arel for their 40 years of volunteer service to St. Joseph Hospital and Covenant Health.

*"In their tradition of supporting higher education, it was an obvious choice to recognize Moe and Joyce. They are wonderful, contributing community partners whose leadership and guidance have helped build a strong ministry," said Jurczyk.*

Through gifts like these, St. Joseph Hospital continues to support future nurses — ensuring patients receive the care they deserve.



**Want to help more nurses begin  
their health careers?  
Scan the QR code to give.**





## Grey Nuns Thrift Shop: More Than a Store

As part of St. Joseph Hospital's mission, Grey Nuns Thrift Shop helps individuals find not only essentials but also unique treasures at affordable prices — carrying forward the Grey Nuns' tradition of care.

On any given day, the shop provides affordable clothing, household goods and seasonal essentials — while creating meaningful moments of care through partnerships with nearly 30 local agencies. This is reflected in the voucher program, which invites clients to shop with choice and dignity.

"We welcome our clients with open arms," said Michele Canto, director of community ministries. "The pride of our mission is knowing that every day we go home having made a difference in at least one person's journey."

Community support strengthens this work, including the third annual Grey Nuns Thrift Shop Fashion Show. The sold-out event brought together friends and supporters for an evening of fun and purpose, featuring 17 volunteer models showcasing 35 outfits curated from the shop.

The energy carried into a popular pop-up sale, with every dollar raised supporting the thrift shop's mission. In total, the event raised \$5,000 to purchase tents and sleeping bags for people experiencing homelessness.



The Grey Nuns Thrift Shop is located at 11 Main St. Hours, and additional information is available on the shop's Facebook page @The Grey Nuns Thrift Shop.



**Want to help more people access essentials with dignity?  
Scan the QR code to give.**

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# CORNERSTONE

– St. Joseph Hospital Foundation Newsletter –

 **ST. JOSEPH HOSPITAL**  
A Member of Covenant Health



Save the Date!  
**6<sup>th</sup> ANNUAL!**  
**Sunday, September 13, 2026**  
Mine Falls Park, Nashua



**WALK | RUN | CHEER! or VOLUNTEER**

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